bodies by being open to His will.

1 Cor. 7:5 - this verse supports the practice of natural family planning (NFP). Married couples should not refuse each other except perhaps by agreement for a season, naturally.

Gal. 6:7-8 - God is not mocked for what a man sows. If to the flesh, corruption. If to the Spirit, eternal life.

Eph. 5:25 - Paul instructs husbands to love their wives as Christ loved the Church, by giving his entire body to her and holding nothing back. With contraception, husbands tell their wives, I love you except your fertility, and you can have me except for my fertility. This love is a lie because it is self-centered, and not self-giving and life-giving.

Eph. 5:29-31; Phil. 3:2 - mutilating the flesh (e.g., surgery to prevent conception) is gravely sinful. Many Protestant churches reject this most basic moral truth.

1 Tim. 2:15 - childbearing is considered a “work” through which women may be saved by God’s grace.

Deut. 22:13-21 – these verses also show that God condemns pre-marital intercourse. The living expression of God’s creative love is reserved for a sacramental marriage between one man and one woman.

Rev. 9:21; 21:8; 22:15; Gal. 5:20 - these verses mention the word “sorcery.” The Greek word is “pharmakeia” which includes abortifacient potions such as birth control pills. These pharmakeia are mortally sinful. Moreover, chemical contraception does not necessarily prevent conception, but may actually kill the child in the womb after conception has occurred.

The Pill changes the lining of the uterus, making it inhospitable to a developing embryo. If the woman does indeed ovulate and the egg is fertilized, the new little life travels to the lining of the uterus to implant. But with the Pill-induced changes, implantation cannot take place. Then, without nutrition, the embryo dies. The woman has her regularly scheduled, Pill-induced period, and never knows that anything happened.

This is not contraception — the prevention of conception. This is abortion — the death of a new human life.

Contraception is a lie that has deceived millions, but the Church is holding her arms open wide to welcome back her children who have strayed from the truth.

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Pamphlet 079

Contraception from a Biblical Perspective

Most people don’t know that there was a universal teaching against contraception within Christian churches; every Christian church up until 1930 taught that contraception was morally sinful. In 1930 the Anglican church first broke with that unbroken tradition and approved contraception within marriage for serious reasons. In 1931, Pope Pius XI wrote the Encyclical, Casti Connubii, which is usually translated On Christian Marriage, and there he reiterated what had been the constant teaching of the Church.

In the creation account of Genesis, we find the beautiful truth, “God made man in His image; in the divine image He created him; male and female He created them” (Genesis 1:27). In this one verse, we find an intrinsic goodness and dignity to each human being. We also recognize a goodness to our human sexuality-- both man and woman are made in God's image and likeness, and both masculinity and femininity are equally good. Yes, man and woman are different— anatomically, physiologically, and even psychologically. These differences do not indicate inequality, instead complementarity.

With this truth, we must also view our human life not just by the confines of this world, but also with a view to a supernatural and eternal destiny. God has made us for Himself, and we hope one day to find this life fulfilled in the Kingdom of Heaven.

Throughout sacred Scripture, a condemnation of artificial contraception and find the birth of children as a blessing from God and a sign of the
living covenant between God and husband and wife.

**Holy Scripture**

Gen 1:28, 9:1,7; 35:11 - from the beginning, the Lord commands us to be fruitful ("fertile") and multiply. A husband and wife fulfill God's plan for marriage in the bringing forth of new life, for God is life itself.

Gen. 28:3 - Isaac's prayer over Jacob shows that fertility and procreation are considered blessings from God.

Gen. 38:8-10 - Onan is killed by God for practicing contraception (in this case, withdrawal) and spilling his semen on the ground.

Gen. 38:11-26 - Judah, like Onan, also rejected God's command to keep up the family lineage, but he was not killed.

Deut. 25:7-10 - the penalty for refusing to keep up a family lineage is not death, like Onan received. Onan was killed for wasting seed.

Gen. 38:9 - also, the author's usage of the graphic word "seed," which is very uncharacteristic for Hebrew writing, further highlights the reason for Onan's death.

Exodus 23:25-26; Deut. 7:13-14 - God promises blessings which include no miscarriages or barrenness. Children are blessings from God, and married couples must always be open to God's plan for new life with every act of marital intimacy.

Lev.18:22-23;20:13 - wasting seed with non-generative sexual acts warrants death. Many Protestant churches, which have all strayed from the Catholic Church, reject this fundamental truth.

Lev. 21:17,20 - crushed testicles are called a defect and a blemish before God. God reveals that deliberate sterilization and any other methods which prevent conception are intrinsically evil.

Deut. 23:1 - whoever has crushed testicles or is castrated cannot enter the assembly. Contraception is objectively sinful and contrary, not only to God's Revelation, but the moral and natural law.

Deut. 25:11-12 - there is punishment for potential damage to the testicles, for such damage puts new life at risk. It, of course, follows that vasectomies, which are done with willful consent, are gravely contrary to the natural law.

1 Chron. 25:5 - God exalts His people by blessing them with many children. When married couples contracept, they are declaring "not your will God, but my will be done."

Psalm 127:3-5 - children are a gift of favor from God and blessed is a full quiver. Married couples must always be open to God's precious gift of life. Contraception, which shows a disregard for human life, has lead to the great evils of abortion, euthanasia, and infanticide.

Hosea 9:11; Jer. 18:21 - God punishes Israel by preventing pregnancy. Contraception is a curse, and married couples who use contraception are putting themselves under the same curse.

Mal. 2:14 - marriage is not a contract (which is a mere exchange of property or services). It is a covenant, which means a supernatural exchange of persons. Just as God is three in one, so are a husband and wife, who become one flesh and bring forth new life, three in one. Marital love is a reflection of the Blessed Trinity.

Mal. 2:15 - What does God desire? Godly offspring. What is contraception? A deliberate act against God's will. With contraception, a couple declares, “God may want an eternal being created with our union, but we say no.” Contraception is a grave act of selfishness.

Matt. 19:5-6 - Jesus said a husband and wife shall become one. They are no longer two, but one, just as God is three persons, yet one. The expression of authentic marital love reintegrates our bodies and souls to God, and restores us to our original virginal state (perfect integration of body and soul) before God.

Matt. 19:6; Eph. 5:31 - contraception prevents God’s ability to “join” together. Just as Christ’s love for the Church is selfless and sacrificial, and a husband and wife reflect this union, so a husband and wife’s love for each other must also be selfless and sacrificial. This means being open to new life.

Acts 5:1-11 - Ananias and Sapphira were slain because they withheld part of a gift. Fertility is a gift from God and cannot be withheld.

Rom.1:26-27 - sexual acts without the possibility of procreation is sinful. Self-giving love is life-giving love, or the love is a lie. The unitive and procreative elements of marital love can never be divided, or the marital love is also divided, and God is left out of the marriage.

1 Cor. 6:19-20 - the body is the temple of the Holy Spirit; thus, we must glorify God in our